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### Initial Session for a Child/Adolescent

Child's Name: \_\_\_\_\_ Gender: M / F Age: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Home Phone: \_\_\_\_\_

May I send information to this address? Y / N

May I call/leave messages at this number? Y / N

Person accompanying child: \_\_\_\_\_ Relationship: \_\_\_\_\_

Circle who child lives with:

Both parents   Mother   Father   Mother/Stepfather   Father/Stepmother   Other

Mother's Name: \_\_\_\_\_

Father's Name: \_\_\_\_\_

Address: \_\_\_\_\_

Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Home Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

E-mail: \_\_\_\_\_

May I add you to my mailing list? Y / N

May I add you to my mailing list? Y / N

Cell Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

May I call/leave messages at the above numbers? Y / N

May I call/leave messages at the above numbers? Y / N

Employer: \_\_\_\_\_

Employer: \_\_\_\_\_

Work Phone: \_\_\_\_\_

Work Phone: \_\_\_\_\_

May I call/leave messages at this number? Y / N

May I call/leave messages at this number? Y / N

Spouse's Name: \_\_\_\_\_

Spouse's Name: \_\_\_\_\_

Who referred you to Dr. Hunnicutt? \_\_\_\_\_

May Dr. Hunnicutt communicate with your referral source to let them know you have followed up on the recommendation for services? If so, please sign below.

\_\_\_\_\_  
 Client or Parent/Guardian Signature

\_\_\_\_\_  
 Date

\_\_\_\_\_  
 Angela Hunnicutt, Ph.D., HSPP

\_\_\_\_\_  
 Date

Please list the reason(s) you are bringing your child to see me at this time \_\_\_\_\_

\_\_\_\_\_

Has your child had any previous therapy? Y / N

If yes, please list providers and dates of treatment \_\_\_\_\_

\_\_\_\_\_

Child's Physician: \_\_\_\_\_ Date of last visit: \_\_\_\_\_

Please list any significant health problems/allergies your child has \_\_\_\_\_

\_\_\_\_\_

Please list any medications, with dosages, your child is taking \_\_\_\_\_

\_\_\_\_\_

Last tobacco use and frequency \_\_\_\_\_

Last illegal drug use and frequency \_\_\_\_\_

Last alcohol use and frequency \_\_\_\_\_

Circle any of the following that your child experiences at least once per week:

Poor appetite	Headaches	Difficulty paying attention
Overeating	Stomachaches	Not seeming to listen
Difficulty falling asleep	Sore muscles	Being easily distracted
Wanting to sleep a lot	Difficulty breathing	Losing things
Fatigue	Heart racing	Failing to finish tasks
Difficulty concentrating	Dry mouth	Making careless mistakes
Forgetting things	Tightness in jaw	Being disorganized
Difficulty making decisions	Teeth grinding	Avoiding tasks
Sadness	Shakiness	Being fidgety
Loss of interest in things	Chest tightness or pain	Restlessness
Crying easily	Blushing	Difficulty staying seated
Feeling worthless	Sweaty palms	Difficulty staying quiet
Easily annoyed/irritated	Difficulty staying asleep	Continuously on the go
Anger outbursts	Dizziness/faintness	Talkative
Feelings of guilt	Worrying/stewing	Being impatient
Hopelessness	Feeling fearful	Interrupting
Thoughts of death	Feeling tense or nervous	Racing thoughts
Thoughts of harm to self	Feelings of guilt	Obsessive thoughts
Thoughts of harm to others	Bad dreams	

Anything else I should know about your child (e.g. personality traits, religious affiliation, major life events)? \_\_\_\_\_

\_\_\_\_\_